

# MYSTAYS COLLECTION

**Grand Re-Opening of MYSTAYS Hotel Sonia Otaru's Ezomae Sushi x Aburi Bar "Il Onai" and French-Press "SONIA COFFEE" on February 4<sup>th</sup>**



Press Release  
February 2019

**MYSTAYS modern classic hotel "Sonia Otaru" on the Otaru Canal in Hokkaido, Japan, welcomes the grand re-opening of two unique dining experiences to compliment the hotel's new guest rooms and natural hot spring bath.**

MYSTAYS announces the grand re-opening of two remodeled dining experiences at the Sonia Otaru in Hokkaido, Japan, on February 4th, 2019. "Il Onai" offers traditional sushi featuring native Hokkaido seafood, creating an innovative sushi experience that allows visitors to explore new flavors, as well as a bar with grilled beef, lamb, shrimp and shellfish paired with wine and new-wave Japanese sake by the glass. The newly established cafe "SONIA COFFEE" is a specialty French-press coffee shop offering pastries made with local Hokkaido milk and fruit, such as "Hokkaido Butter Financiers" and "Haskapp Cakes."

Last year, the Sonia Otaru's new construction included a retro lobby made with soft Otaru stone and a natural hot spring bath on the top floor to make the hotel stay more comfortable and beautiful for guests from around the world.

# MYSTAYS COLLECTION

## Sushi Bar "Il Onai"

Featuring Hokkaido native seafood served artistically as Ezomae Sushi, the Aburi Bar which accentuates the flavor of ingredients, and a Japanese sake and wine bar where visitors can enjoy beverages paired to each meal. Experience the traditional and innovative taste of Hokkaido as you enjoy wine and new-wave Japanese sake by the glass in this industrial and modern space.



## Japanese breakfast buffet

Offers fresh fried and grilled flavors such as grated daikon ikura, tempura, rolled egg, and specialties such as "grilled salted salmon," freshly-made "Otaru Zangi," and an original hamburger steak corner.



## Lunch menu

Offers set menus including North Sea seasonal fish, grilled steak, sushi, seafood rice bowls, sashimi, and more.



# MYSTAYS COLLECTION

## Dinner menu:

Offers Ezomae nigiri sushi, original sushi, seafood rice bowls, a la carte (appetizer, sashimi, grilled dishes, simmered dishes, fried food, soup, sweets, and more)



[Open hours] Breakfast 7:00-9:30, Lunch 11:30-14:00 (LO), Dinner 17:30-21:00 (LO)

## SONIA COFFEE

In-house specialty French-press coffee shop featuring Sonia Coffee original blend, Ethiopian fruity blend, Indonesian silky blend, Costa Rican floral blend, and cafe lattes with Hokkaido milk and fruit nectar.

### Patisserie

Hokkaido butter financier, patisserie gateau fromage cake, muffins, original Haskapp cake.

[Open hours] 10:00-18:00



# MYSTAYS COLLECTION

## Hotel Information

**[Address]** 1-4-20 Ironai Otaru-shi, Hokkaido, Japan 047-0031

**[Access]** 35 minutes by train from JR Sapporo Station to JR Otaru Station, 85 minutes by train from New Chitose Airport to JR Otaru Station, 8 minutes on foot from JR Otaru Station

**[Number of floors]** 9

**[Rooms]** 149 rooms total (including 55 newly-built rooms) (capacity: 383 people)

Large Twin, Deluxe Twin, Deluxe King, Canal Standard Twin, Standard Twin, Comfort Twin, Canal Superior Twin, Deluxe Family Triple, Deluxe Accessible Twin

## On-site Facilities

Newly-remodeled restaurant/sushi bar **Il Onai**, new cafe **SONIA COFFEE**, relaxation, parking, free Wi-Fi, and a rooftop hot spring with a view.

### **[Onsen] Otaru Unga no Yu, a public bath with a view**

Spring contains 36.8°C water in a circulation bathtub—it is possible to add additional water, and warm the water.

**[Hot Spring]** Low alkaline hot spring, with a sodium-chloride/sulfate source—formerly known as Ganbosho Ichijiki Ensen

### **[Therapeutic effects of bathing in the spring]**

Bathing in the spring helps with the following health issues: Chronic muscle or joint pain and stiffness (chronic phases such as rheumatoid arthritis, osteoarthritis, low back pain, nerve pain, stiff shoulders, bruises, and sprains) muscle stiffness from motor paralysis, deteriorating gastrointestinal functions (heavy digestion, abdominal gas, etc.), mild hypertension, impaired glucose tolerance (diabetes), mild hypercholesterolemia, mild asthma or emphysema, autonomic dysfunction, sporadic muscle soreness, symptoms of stress (insomnia, depression, etc.), fatigue

### **[Therapeutic effects of bathing in the hot spring]**

Bathing in the hot spring helps with the following issues: Cuts, circulatory disorder, cold sensitivity, depression, skin infections

### **[Therapeutic effects of drinking from the hot spring]**

Drinking from the hot spring helps with the following issues: Atrophic gastritis, constipation, biliary dysfunction, hypercholesterolemia

## [Inquiries]

Phone: +81 0134-23-2600

E-mail [sonia-otaru@mystays.com](mailto:sonia-otaru@mystays.com)

Website <https://www.mystays.com/hotel-sonia-otaru-hokkaido/>

"Sushi Bar Il Onai" Official Website <http://ilonai.com/>

\* Hotel Sonia Otaru (exterior, natural hot spring bath, and retro lobby built with Otaru soft stone.)



Management and operation of accommodation facilities all over Japan from Hokkaido to Okinawa

<https://corporate.mystays.com/>

## [Mystays / Hotel / Group]

90 buildings and 14,652 rooms domestically (as of December 27th, 2018)

<https://www.mystays.com/>