



MYSTAYS HOTEL MANAGEMENT CO.,LTD.

株式会社マイステイズ・ホテル・マネジメント

【Press Release】

## MYSTAYS Hotel Group adds Tateshina Grand Hotel Takinoyu in Nagano Prefecture to the “MYSTAYS Collection”



April 2019  
MYSTAYS Hotel Management Co., Ltd.

MYSTAYS Hotel Management Co., Ltd (Headquarters: Minato-ku, Tokyo, President and CEO: Ryoichi Shirota) will take over operations of the Tateshina Grand Hotel Takinoyu in Chino City, Nagano Prefecture, inducting the property into the “MYSTAYS Collection” from Saturday, April 27th, 2019.

A famed hot spring resort across the Shinshu and Tateshina Kogen areas, the Tateshina Grand Hotel Takinoyu is approximately 25 minutes away by car from the JR Chino Station on the Chuo Main Line. The Takinoyu area and its hot springs were established about 1,200 years ago, and were known as “The Hidden Baths” of Shingen Takeda, a renowned military commander of Japan’s Warring States Period. Visitors can enjoy two hot springs from the Yukawa stream: “Takinoyu Rotenburo,” an open-air bath, and “Takinoyu Onsen Motoyu,” which pulls its waters directly from the source. Visitors to Tateshina Onsen Grand Hotel Takinoyu can rent out 3 different types of private, rustic open-air baths, or enjoy the public outdoor and large garden baths. The property also offers tastes of seasonal flavours from local Nagano ingredients in over 70 types of Japanese and Western style meals and sweets, including the dinner buffet, “Herbage”, private rooms at our Japanese-style restaurant, “Midou Kouji,” or set plates at Seseragitei.



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## MYSTAYS Collection Tateshina Grand Hotel Takinoyu

**[Location]** 4028, Kitayama, Chino City, Nagano Prefecture, 391-0393

**[Access]** Approx.25 minutes by car from Chino Station JR Chuo Main Line, approx. 30 minutes by shuttle bus from JR Chino Station East Exit (reservations required)

**[Floors]** 8 floors above ground

**[Guestrooms]** 155 rooms total (722 guest capacity)

Main building: 10-mat Japanese room, 10-mat modern Japanese room, 10-mat + 6-mat Japanese room, Japanese-Western type: 12-mat + Western room, Japanese-Western suite type, Barrier-free type Western room, Barrier-free type Japanese-Western room. Annex Seiryokan: Western Twin, Single. Annex Kawanone: Western, Single. Seizan Villa: 12.5-mat Japanese room. Hakuun: 12-mat Japanese room.

### [In-house Facilities]

**Restaurant and Bar:** 2 restaurants

**Party Rooms:** 15 rooms

**Breakfast:** (At Herbage) Kogen vegetable salad, Shinshu buckwheat soup, and a buffet of 50 other options.

**Lunch:** (At Herbage) Buffet with about 50 Japanese-style, Western-style options, including dessert.

(At Seseragitei) Choose from Shirokoma: a supreme Japanese meal, Tateshina: a tour for your taste buds, and Wazen Kurumayama, a set for groups of at least 20.

**Dinner:** (At Herbage) Kitchen showcase and classic kiln pizza, along with a buffet of about 70 types of Japanese and Western foods and desserts, featuring Tateshina Sweets Workshop – a line-up of sweets made by the hotel pâtissier using Tateshina dairy products and local Shinshu-grown fruits.

**Hot Springs:** Flowing outdoor baths: Takiwanoyu and Hiyorinoyu

Large garden bath for hotel guests only

Private rental outdoor baths: Makinoyu, Hinokinoyu and Ishinoyu

Day-Pass baths include flowing outdoor baths: Hiyori Utataneyu, Komorebiyu, Takiwanoyu, Oiwayu

**Source 1:** Names include Takinoyu Notemburo / Bihadayu (“good for skin”), Utataneyu, Shingenyu.

Hot spring type: Sodium-Bicarbonate hot spring

Effects: Effective against nerve pain, muscle pain, joint pain, skin problems, stiff shoulders, exercise-related soreness, stiff joints, bruises, sprains, chronic digestive diseases, haemorrhoids, sensitivity to cold, recovery from illness, recovery from fatigue, cuts, burns, and chronic skin disease. Improves health.

**Source 2:** Names include Takinoyu Onsen Motoyu, / Uchiyu Oiwayu/Komorebiyu, Ichinoyu/Ninoyu/Sannoyu, Reisen

Hot spring type: Plain hot spring

Effects: Effective against nerve pain, muscle pain, joint pain, stiff shoulders, exercise-related soreness, stiff joints, bruises, sprains.

**Relaxation area:** “Mori no Ne”

**Shops, Karaoke Rooms**

**Parking** (200 cars)

**Free Wi-Fi**

**Contact:** Phone 0266- 67-2525

**Hotel website:** <https://www.takinoyu.co.jp/>

MYSTAYS Hotel Group official website <https://www.mystays.com/hotel-tateshina-grand-hotel-takinoyu-nagano/>